



Because They Follow Your Every Move

Bridges: Coaching Conversations for Engagement and Results

"The goal of coaching is the goal of good management: to make the most of an organization's valuable resources." -- HARVARD BUSINESS REVIEW

This program is designed to introduce fundamental coaching concepts to leaders. It will enable them to integrate a coaching philosophy into their leadership style and to take a coach-like approach to many of their relationships and activities. Specifically designed to include the art and science of coaching, it uses a "whole brain approach" by combining strategies and techniques along with a process that supports participants in learning how to lead effectively.

The **Bridges** model is comprised of five *Conversational Skills* and a six-step *Structured Conversation*. Each of these will be explored experientially in detail throughout the program. This 2-day workshop includes presentations, small and large group discussions, experiential exercises; live coaching demos, and opportunities to practice and receive feedback

Participants will gain:

- Develop an understanding of the value of coaching as a leadership competency.
- Become conversant with a unique coaching model which they will be able to use on a daily basis
- Discover their own ability to coach others, and develop leadership in others
- Insight into how to accelerate leadership succession

This Course is designed for:

- All level leaders challenged with accelerating talent development
- Leaders who want to improve communication and coaching skills.
- Managers experiencing lack of engagement, conflict and/or skills gaps in their team

At Integra, we are people dynamics specialists. We build people systems that are resilient and sustainable – perfectly prepared to survive, thrive and outperform.

All our programs are customized to meet your needs.
Call us for a free initial consultation.

416-488-1313